

# March 2025

Grace Learning Center

1007 W. 8th St., Michigan City

219-879-6788

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Coping with Anxiety 10:00am-11:00am Computer Basics 1:45 pm - 2:30 pm Anger Management 3:00pm-4:00pm	<b>4</b> Coping Skills for Trauma 9:00 am - 10:00 am Healthy Relationships 10:00 am - 11:00 pm Self Esteem 11:00 am - 12:00 am	<b>5</b> Intermediate Computers 1:45 pm - 2:30 pm Work ready 2:30 pm - 3:15 pm Critical Thinking 3:15 pm - 4:00 pm Substance Abuse 5:00pm-6:00pm	<b>6</b> Nutrition Education 11:00 am - 12:00 pm Budgeting with PNC 2:30 pm - 3:30 pm	<b>7</b>
<b>10</b> Coping with Anxiety 10:00am-11:00a GED-HISET 1000am-1:00pm Computer Basics 1:45 pm - 2:30 pm Anger Management 3:00pm-4:00pm	<b>11</b> Coping Skills for Trauma 9:00 am - 10:00 am Healthy Relationships 10:00 am - 11:00 pm Self Esteem 11:00 am - 12:00 am	<b>12</b> Intermediate Computers 1:45 pm - 2:30 pm Work ready 2:30 pm - 3:15 pm Critical Thinking 3:15 pm - 4:00 pm Substance Abuse 5:00pm-6:00pm	<b>13</b> Nutrition Education 11:00 am - 12:00 pm Plant Based Cooking 12:45 pm- 2:00 pm	<b>14</b>
<b>17</b> Coping with Anxiety 10:00am-11:00a GED-HISET 1000am-1:00pm TRIO Services 12:00 pm - 1:00 pm Computer Basics 1:45 pm - 2:30 pm Anger Management 3:00pm-4:00pm	<b>18</b> Coping Skills for Trauma 9:00 am - 10:00 am Healthy Relationships 10:00 am - 11:00 pm Self Esteem 11:00 am - 12:00 am	<b>19</b> Intermediate Computers 1:45 pm - 2:30 pm Work ready 2:30 pm - 3:15 pm Critical Thinking 3:15 pm - 4:00 pm Substance Abuse 5:00pm-6:00pm	<b>20</b> Nutrition Education 11:00 am - 12:00 pm Budgeting with PNC 2:30 pm - 3:30 pm	<b>21</b> Narcan 10:00a-11:00a Aliveness Project 11:30 am - 1:00 pm Health Link- BP Screenings 11:30 am- 1:00 pm
<b>24</b> Coping with Anxiety 10:00am-11:00a GED-HISET 1000am-1:00pm Computer Basics 1:45 pm - 2:30 pm Anger Management 3:00pm-4:00pm	<b>25</b> Coping Skills for Trauma 9:00 am - 10:00 am Healthy Relationships 10:00 am - 11:00 pm Self Esteem 11:00 am - 12:00 am	<b>26</b> Intermediate Computers 1:45 pm - 2:30 pm Work ready 2:30 pm - 3:15 pm Critical Thinking 3:15 pm - 4:00 pm Substance Abuse 5:00pm-6:00pm	<b>27</b> Nutrition Education 11:00 am - 12:00 pm Plant Based Cooking 12:45 pm- 2:00 pm	<b>28</b>
<b>31</b> Coping with Anxiety 10:00am-11:00a GED-HISET 1000am-1:00pm TRIO Services 12:00 pm - 1:00 pm Computer Basics 1:45 pm - 2:30 pm Anger Management 3:00pm-4:00pm		Classes in blue also available by virtual/remote at <a href="https://cch-mc.org/grace-learning-center/">https://cch-mc.org/grace-learning-center/</a>  *Class taught in GLC's computer lab  Insurance sign-up available upon request		