

SEPTEMBER 2024



1007 W. 8th St., Michigan City
219-879-6788

GRACE LEARNING CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>HAPPY LABOR DAY</p>	<p>3</p> <p>Coping Skills for Trauma 9:00 am - 10:00 am Coping With Chronic Illness 10:00 am - 11:00 am</p>	<p>4</p> <p>Healthy Relationships 9:00 am - 10:00 am Navigating Change 10:00 am - 11:00 am Intermediate Computers 1:45 pm - 2:30 pm Work ready 2:30 pm - 3:15 pm Critical Thinking 3:15 pm - 4:00 pm</p> <p>Substance Abuse Education 5:00 pm - 6:00 pm</p>	<p>5</p> <p>Healthline's Smart Recovery 9:00 am - 10:00 am Nutrition Education 11:00 am - 12:00 pm</p>	<p>6</p> <p>Stand Up Wireless FREE phone - if you qualify Appt. only, please call #219-210-6000</p>
<p>9</p> <p>TRIO Services 12:00 pm - 1:00 pm Computer Basics 1:45 pm - 2:30 pm Anger Management 2:30 pm - 3:30 pm</p>	<p>10</p> <p>Coping Skills for Trauma 9:00 am - 10:00 am Coping With Chronic Illness 10:00 am - 11:00 am Financial Literacy w/Centier Bank 11:00 am - 12:00 am</p>	<p>11</p> <p>Healthy Relationships 9:00 am - 10:00 am Navigating Change 10:00 am - 11:00 am Intermediate Computers 1:45 pm - 2:30 pm Work ready 2:30 pm - 3:15 pm Critical Thinking 3:15 pm - 4:00 pm</p> <p>Substance Abuse Education 5:00 pm - 6:00 pm</p>	<p>12</p> <p>Healthline's Smart Recovery 9:00 am - 10:00 am Nutrition Education 11:00 am - 12:00 pm Plant Based Cooking 12:45 pm - 2:00 pm Banking Basics with PNC 2:30 pm - 3:30 pm Be Heart Smart Program 5:30 pm - 6:30 pm</p>	<p>13</p> <p>Stand Up Wireless FREE phone - if you qualify Appt. only, please call #219-210-6000</p>
<p>16</p> <p>TRIO Services 12:00 pm - 1:00 pm Computer Basics 1:45 pm - 2:30 pm Anger Management 2:30 pm - 3:30 pm</p>	<p>17</p> <p>Coping Skills for Trauma 9:00 am - 10:00 am Coping With Chronic Illness 10:00 am - 11:00 am</p>	<p>18</p> <p>Healthy Relationships 9:00 am - 10:00 am Navigating Change 10:00 am - 11:00 am Intermediate Computers 1:45 pm - 2:30 pm Work ready 2:30 pm - 3:15 pm Critical Thinking 3:15 pm - 4:00 pm</p> <p>Substance Abuse Education 5:00 pm - 6:00 pm</p>	<p>19</p> <p>Healthline's Smart Recovery 9:00 am - 10:00 am Plant Based Cooking 12:45 pm - 2:00 pm Be Heart Smart Program 5:30 pm - 6:30 pm</p>	<p>20</p> <p>Stand Up Wireless FREE phone - if you qualify Appt. only, please call #219-210-6000 Narcan Training 10:00 am - 11:00 am Aliiveness Project 11:30 am - 1:00 pm</p>
<p>23</p> <p>TRIO Services 12:00 pm - 1:00 pm Computer Basics 1:45 pm - 2:30 pm Anger Management 2:30 pm - 3:30 pm</p>	<p>24</p> <p>Coping Skills for Trauma 9:00 am - 10:00 am Coping With Chronic Illness 10:00 am - 11:00 am</p>	<p>25</p> <p>Healthy Relationships 9:00 am - 10:00 am Navigating Change 10:00 am - 11:00 am Intermediate Computers 1:45 pm - 2:30 pm Work ready 2:30 pm - 3:15 pm Critical Thinking 3:15 pm - 4:00 pm</p> <p>Substance Abuse Education 5:00 pm - 6:00 pm</p>	<p>26</p> <p>Healthline's Smart Recovery 9:00 am - 10:00 am Nutrition Education 11:00 am - 12:00 pm Plant Based Cooking 12:45 pm - 2:00 pm Budgeting with PNC 2:30 pm - 3:30 pm Be Heart Smart Program 5:30 pm - 6:30 pm</p>	<p>27</p> <p>Stand Up Wireless FREE phone - if you qualify Appt. only, please call #219-210-6000</p>
<p>30</p> <p>TRIO Services 12:00 pm - 1:00 pm Computer Basics 1:45 pm - 2:30 pm Anger Management 2:30 pm - 3:30 pm</p>		<p>Classes in blue also available by virtual/remote at https://cch-mc.org/grace-learning-center/</p> <p>*Class taught in GLC's computer lab</p> <p>Insurance sign-up available upon request</p>		

All GLC Classes Are Free of Charge