



April 2024

MONDAY	TUESDAY	'WORKING WEDNESDAY'	THURSDAY	FRIDAY
<p>1</p> <p>GED/HISET 10:00 am-2:00 pm Trio Services 12:00 pm – 1:00 pm *Computer Basics 1:45 pm-2:30 pm Anger Management 2:30 pm-3:30 pm Substance Abuse Education 5:00 pm-6:00 pm</p>	<p>2</p> <p>Coping Skills for Trauma 9:00 am-10:00 am Coping with Chronic Illness 10:00 am-11:00 am</p>	<p>3</p> <p>Healthy Relationships 9:00 am-10:00 am Navigating Change 10:00 am-11:00 am GED/HISET 10:00 am-2:00 pm *Intermediate Computers 1:45 pm-2:30 pm</p>	<p>4</p> <p>Nutrition Education 11:00 am-12:00 pm Banking Basics with PNC 2:30 pm-3:30 pm</p>	<p>5</p> <p>Stand Up Wireless FREE PHONE, if you qualify 8:30 am – 10:30 am</p>
<p>8</p> <p>GED/HISET 10:00 am-2:00 pm Trio Services 12:00 pm – 1:00 pm *Computer Basics 1:45 pm-2:30 pm Anger Management 2:30 pm-3:30 pm Substance Abuse Education 5:00 pm-6:00 pm</p>	<p>9</p> <p>Coping Skills for Trauma 9:00 am-10:00 am Coping with Chronic Illness 10:00 am-11:00 am Credit Basics 1:00 pm-2:00 pm</p>	<p>10</p> <p>Healthy Relationships 9:00 am-10:00 am Navigating Change 10:00 am-11:00 am GED/HISET 10:00 am-2:00 pm *Intermediate Computers 1:45 pm-2:30 pm WorkReady 2:30 pm-3:15 pm Critical Thinking 3:15 pm-4:00 pm</p>	<p>11</p> <p>HealthLinc's SMART Recovery 9:00 am – 10:00 am Nutrition Education 11:00 am-12:00 pm Plant Based Cooking 12:45 pm-2:00pm</p>	<p>12</p> <p>Stand Up Wireless FREE PHONE, if you qualify 8:30 am – 10:30 am</p>
<p>15</p> <p>GED/HISET 10:00 am-2:00 pm Trio Services 12:00 pm – 1:00 pm *Computer Basics 1:45 pm-2:30 pm Anger Management 2:30 pm-3:30 pm Substance Abuse Education 5:00 pm-6:00 pm</p>	<p>16</p> <p>Coping Skills for Trauma 9:00 am-10:00 am Coping with Chronic Illness 10:00 am-11:00 am</p>	<p>17</p> <p>Healthy Relationships 9:00 am-10:00 am Navigating Change 10:00 am-11:00 am GED/HISET 10:00 am-2:00 pm *Intermediate Computers 1:45 pm-2:30 pm WorkReady 2:30 pm-3:15 pm Critical Thinking 3:15 pm-4:00 pm</p>	<p>18</p> <p>Nutrition Education 11:00 am-12:00 pm</p>	<p>19</p> <p>Stand Up Wireless FREE PHONE, if you qualify 8:30 am – 10:30 am Financial Literacy w/Centier 9:00 am-10:00 am NARCAN® TRAINING 10:00 am-11:00 am Aliveness Project 11:30 am – 1:00 pm</p>
<p>22</p> <p>GED/HISET 10:00 am-2:00 pm Trio Services 12:00 pm – 1:00 pm *Computer Basics 1:45 pm-2:30 pm Anger Management 2:30 pm-3:30 pm Substance Abuse Education 5:00 pm-6:00 pm</p>	<p>23</p> <p>Coping Skills for Trauma 9:00 am-10:00 am Coping with Chronic Illness 10:00 am-11:00 am</p>	<p>24</p> <p>Healthy Relationships 9:00 am-10:00 am Navigating Change 10:00 am-11:00 am GED/HISET 10:00 am-2:00 pm *Intermediate Computers 1:45 pm-2:30 pm WorkReady 2:30 pm-3:15 pm Critical Thinking 3:15 pm-4:00 pm</p>	<p>25</p> <p>HealthLinc's SMART Recovery 9:00 am – 10:00 am Budgeting with PNC 2:30 pm-3:30 pm</p>	<p>26</p> <p>Stand Up Wireless FREE PHONE, if you qualify 8:30 am – 9:30 am</p>
<p>29</p> <p>GED/HISET 10:00 am-2:00 pm Trio Services 12:00 pm – 1:00 pm *Computer Basics 1:45 pm-2:30 pm Anger Management 2:30 pm-3:30 pm Substance Abuse Education 5:00 pm-6:00 pm</p>	<p>30</p> <p>Coping Skills for Trauma 9:00 am-10:00 am Coping with Chronic Illness 10:00 am-11:00 am</p>			<p>Classes in blue also available by virtual/remote at: https://cch-mc.org/grace-learning-center/</p> <p>*Class taught in GLC's computer lab</p> <p>Covering Kids & Families Insurance Sign-Up Available Upon Request</p>