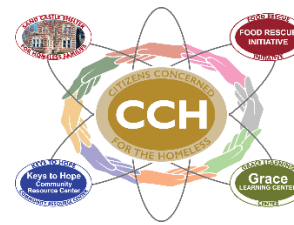




# November 2023



MONDAY	TUESDAY	'WORKING WEDNESDAY'	THURSDAY	FRIDAY
		<b>1</b> Healthy Relationships 9:00 am-10:00 am Coping with Grief Group 10:00 am-11:00 am GED/HISET 10:00 am-2:00 pm *Intermediate Computers 1:45 pm-2:30 pm	<b>2</b> Nutrition Education 11:00 am-12:00 pm Healthy Communities/FSSA 11:00 am-12:45 pm Plant Based Cooking 12:45 pm-2:00 pm Banking Basics with PNC 2:00 pm-3:00 pm	<b>3</b> Nicotine Addiction & Recovery 1:00 pm-2:00 pm
<b>6</b> GED/HISET 10:00 am-2:00 pm *Computer Basics 1:45 pm-2:30 pm Anger Management 2:30 pm-3:30 pm	<b>7</b> ELECTION DAY NO CLASSES	<b>8</b> Healthy Relationships 9:00 am-10:00 am Coping with Grief Group 10:00 am-11:00 am GED/HISET 10:00 am-2:00 pm *Intermediate Computers 1:45 pm-2:30 pm WorkReady 2:30 pm-3:15 pm Critical Thinking 3:15 pm-4:00 pm	<b>9</b> Nutrition Education 11:00 am-12:00 pm Healthy Communities/FSSA 11:00 am-12:45 pm	<b>10</b> Nicotine Addiction & Recovery 1:00 pm-2:00 pm
<b>13</b> GED/HISET 10:00 am-2:00 pm *Computer Basics 1:45 pm-2:30 pm Anger Management 2:30 pm-3:30 pm	<b>14</b> Coping Skills for Trauma 9:00 am-10:00 am Coping with Chronic Illness 10:00 am-11:00 am Trio Services 12:00 pm – 1:00 pm Credit Basics 1:00 pm-2:00 pm Substance Abuse Education 5:00 pm-6:00 pm	<b>15</b> Healthy Relationships 9:00 am-10:00 am Coping with Grief Group 10:00 am-11:00 am GED/HISET 10:00 am-2:00 pm *Intermediate Computers 1:45 pm-2:30 pm	<b>16</b> Nutrition Education 11:00 am-12:00 pm Healthy Communities/FSSA 11:00 am-12:45 pm Plant Based Cooking 12:45 pm-2:00 pm Budgeting with PNC 2:00 pm-3:00 pm	<b>17</b> Financial Literacy w/Centier 9:00 am-10:00 am NARCAN® TRAINING 10:00 am-11:00 am Aliveness Project (HIV/Hep-C testing) 11:30 am-1:00 pm Nicotine Addiction & Recovery 1:00 pm-2:00 pm
<b>20</b> GED/HISET 10:00 am-2:00 pm HealthLinc Ins./FSSA-HIP 11:30 am-1:00 pm *Computer Basics 1:45 pm-2:30 pm Anger Management 2:30 pm-3:30 pm	<b>21</b> Coping Skills for Trauma 9:00 am-10:00 am Coping with Chronic Illness 10:00 am-11:00 am Substance Abuse Education 5:00 pm-6:00 pm	<b>22</b> Healthy Relationships 9:00 am-10:00 am Coping with Grief Group 10:00 am-11:00 am GED/HISET 10:00 am-2:00 pm WorkReady 2:30 pm-3:15 pm Critical Thinking 3:15 pm-4:00 pm	<b>23</b> THANKSGIVING NO CLASSES	<b>24</b> Nicotine Addiction & Recovery 1:00 pm-2:00 pm
<b>27</b> GED/HISET 10:00 am-2:00 pm *Computer Basics 1:45 pm-2:30 pm Anger Management 2:30 pm-3:30 pm	<b>28</b> Coping Skills for Trauma 9:00 am-10:00 am Coping with Chronic Illness 10:00 am-11:00 am Trio Services 12:00 pm – 1:00 pm Substance Abuse Education 5:00 pm-6:00 pm	<b>29</b> Healthy Relationships 9:00 am-10:00 am Coping with Grief Group 10:00 am-11:00 am GED/HISET 10:00 am-2:00 pm *Intermediate Computers 1:45 pm-2:30 pm WorkReady 2:30 pm-3:15 pm Critical Thinking 3:15 pm-4:00 pm	<b>30</b> Healthy Communities/FSSA 11:00 am-12:45 pm Plant Based Cooking 12:45 pm-2:00 pm	Classes in blue also available by virtual/remote at: <a href="https://cch_mc.org/grace-learning-center/">https://cch_mc.org/grace-learning-center/</a> *Class taught in GLC's computer lab