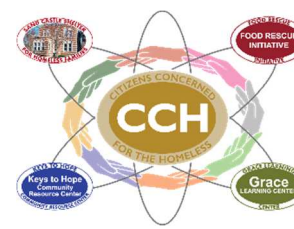




February 2023



MONDAY	TUESDAY	'WORKING WEDNESDAY'	THURSDAY	FRIDAY
		1 Healthy Relationships 10am – 11am *Intermediate Computers 1:45 – 2:30pm WorkReady 2:30 – 3:15pm	2 Healthy Communities/FSSA 11am - 12:45pm	3 Anger Management 2:30 – 3:30pm GLC Womens AA 5:30-6:30pm
6 Adult Basic Education (GED)* 10am – 1pm *Computer Basics 1:45 – 2:30pm HealthLinc Ins./FSSA-HIP 11:30am – 1pm	7 Substance Abuse Education 9 – 10:30am Adult Basic Education (GED)* 10am – 1pm Thinking for Good 10:30am – 12noon Coping Skills for Trauma 1 – 2pm Coping with Grief Group 2 – 3pm Coping with Chronic Illness 3 – 4pm	8 Adult Basic Education (GED)* 10am – 1pm Healthy Relationships 10am – 11am Nicotine Anonymous 12 – 1pm *Intermediate Computers 1:45 – 2:30pm WorkReady 2:30 – 3:15pm Critical Thinking 3:15-4:00pm	9 Adult Basic Education (GED)* 10am – 1pm TRIO Services 9am – 10:30am Cooking For the Health of It 9am – 10am Healthy Communities/FSSA 11am - 12:45pm	9 Anger Management 2:30 – 3:30pm GLC Womens AA 5:30-6:30pm
13 *Computer Basics 1:45 – 2:30pm Nicotine Anonymous 12 – 1pm	14 Substance Abuse Education 9 – 10:30am Adult Basic Education (GED)* 10am – 1pm Thinking for Good 10:30am – 12noon Coping Skills for Trauma 1 – 2pm Coping with Grief Group 2 – 3pm Coping with Chronic Illness 3 – 4pm	15 Adult Basic Education (GED)* 10am – 1pm Healthy Relationships 10am – 11am Nicotine Anonymous 12 – 1pm *Intermediate Computers 1:45 – 2:30pm WorkReady 2:30 – 3:15pm Critical Thinking 3:15-4:00pm	16 Adult Basic Education (GED) 10am – 1pm Healthy Communities/FSSA 11am – 12:45pm	17 NARCAN® TRAINING 10 – 11am Aliveness Project (HIV/Hep-C testing) 11:30am – 1pm Anger Management 2:30 – 3:30pm GLC Womens AA 5:30-6:30pm
20 Adult Basic Education (GED)* 10am – 1pm *Computer Basics 1:45 – 2:30p Nicotine Anonymous 12 – 1pm HealthLinc Ins./FSSA-HIP 11:30am – 1pm	21 Substance Abuse Education 9 – 10:30am Adult Basic Education (GED)* 10am – 1pm Thinking for Good 10:30am – 12noon Coping Skills for Trauma 1 – 2pm Coping with Grief Group 2 – 3pm Coping With Chronic Illness 3 – 4pm	22 Adult Basic Education (GED)* 10am – 1pm Financial Literacy w/Centier 9am – 10am Healthy Relationships 10am – 11am Nicotine Anonymous 12 – 1pm *Intermediate Computers 1:45 – 2:30pm WorkReady 2:30 – 3:15pm Critical Thinking 3:15-4:00pm	23 Adult Basic Education (GED)* 10am – 1pm TRIO Services 9am – 10:30am Cooking For the Health of It 9am – 10am The 4 M's of Diabetes 10:30am-11:30am Parent Café 1pm - 2:30pm Healthy Communities/FSSA 11am - 12:45pm	24 Anger Management 2:30 – 3:30pm GLC Womens AA 5:30-6:30pm
27 Adult Basic Education (GED)* 10am – 1pm *Computer Basics 1:45 – 2:30p Nicotine Anonymous 12 – 1pm	28 Substance Abuse Education 9 – 10:30am Adult Basic Education (GED)* 10am – 1pm Thinking for Good 10:30am – 12noon Coping Skills for Trauma 1 – 2pm Coping with Grief Group 2 – 3pm Coping With Chronic Illness 3 – 4pm	*Class taught in <u>GLC's computer lab</u>		Classes in blue also available by virtual/remote at: https://cch-mc.org/grace-learning-center/