



January 2023



MONDAY	TUESDAY	'WORKING WEDNESDAY'	THURSDAY	FRIDAY
CLOSED	<p>3 Substance Abuse Education 9 – 10:30am Thinking for Good 10:30am – 12noon Coping Skills for Trauma 1 – 2pm Coping with Grief Group 2 – 3pm Coping with Chronic Illness 3 – 4pm</p>	<p>4 Healthy Relationships 10am – 11am *Intermediate Computers 1:45 – 2:30pm WorkReady 2:30 – 3:15pm</p>	<p>5 Healthy Communities/FSSA 11am - 12:45pm</p>	<p>6 Anger Management 2:30 – 3:30pm</p>
<p>9 Adult Basic Education (GED)* 10am – 1pm *Computer Basics 1:45 – 2:30pm Nicotine Anonymous 12 – 1pm HealthLinc Ins./FSSA-HIP 11:30am – 1pm</p>	<p>10 Substance Abuse Education 9 – 10:30am Adult Basic Education (GED)* 10am – 1pm Thinking for Good 10:30am – 12noon Coping Skills for Trauma 1 – 2pm Coping with Grief Group 2 – 3pm Coping with Chronic Illness 3 – 4pm</p>	<p>11 Adult Basic Education (GED)* 10am – 1pm Healthy Relationships 10am – 11am *Intermediate Computers 1:45 – 2:30pm WorkReady 2:30 – 3:15pm</p>	<p>12 Adult Basic Education (GED)* 10am – 1pm TRIO Services 9am – 10:30am Cooking For the Health of It 9am – 10am Healthy Communities/FSSA 11am - 12:45pm</p>	<p>13 Anger Management 2:30 – 3:30pm</p>
<p>16 *Computer Basics 1:45 – 2:30pm Nicotine Anonymous 12 – 1pm HealthLinc Ins./FSSA-HIP 11:30am – 1pm</p>	<p>17 Substance Abuse Education 9 – 10:30am Adult Basic Education (GED)* 10am – 1pm Thinking for Good 10:30am – 12noon Coping Skills for Trauma 1 – 2pm Coping with Grief Group 2 – 3pm Coping with Chronic Illness 3 – 4pm</p>	<p>18 Adult Basic Education (GED)* 10am – 1pm Healthy Relationships 10am – 11am *Intermediate Computers 1:45 – 2:30pm WorkReady 2:30 – 3:15pm</p>	<p>19 Adult Basic Education (GED) 10am – 1pm Healthy Communities/FSSA 11am – 12:45pm</p>	<p>20 NARCAN® TRAINING 10 – 11am Aliveness Project (HIV/Hep-C testing) 11:30am – 1pm Anger Management 2:30 – 3:30pm</p>
<p>23 Adult Basic Education (GED)* 10am – 1pm *Computer Basics 1:45 – 2:30p Nicotine Anonymous 12 – 1pm HealthLinc Ins./FSSA-HIP 11:30am – 1pm</p>	<p>24 Substance Abuse Education 9 – 10:30am Adult Basic Education (GED)* 10am – 1pm Thinking for Good 10:30am – 12noon Coping Skills for Trauma 1 – 2pm Coping with Grief Group 2 – 3pm Coping With Chronic Illness 3 – 4pm</p>	<p>25 Adult Basic Education (GED)* 10am – 1pm Financial Literacy w/Centier 9am – 10am Healthy Relationships 10am – 11am *Intermediate Computers 1:45 – 2:30pm WorkReady 2:30 – 3:15pm</p>	<p>26 Adult Basic Education (GED)* 10am – 1pm TRIO Services 9am – 10:30am Cooking For the Health of It 9am – 10am The 4 M's of Diabetes 10:30am-11:30am Parent Café 1pm - 2:30pm Healthy Communities/FSSA 11am - 12:45pm</p>	<p>27 Anger Management 2:30 – 3:30pm</p>
<p>30 Adult Basic Education (GED)* 10am – 1pm *Computer Basics 1:45 – 2:30p Nicotine Anonymous 12 – 1pm HealthLinc Ins./FSSA-HIP 11:30am – 1pm</p>	<p>31 Substance Abuse Education 9 – 10:30am Adult Basic Education (GED)* 10am – 1pm Thinking for Good 10:30am – 12noon Coping Skills for Trauma 1 – 2pm Coping with Grief Group 2 – 3pm Coping With Chronic Illness 3 – 4pm</p>	<p>*Class taught in <u>GLC's computer lab</u></p>		<p>Classes in blue held by virtual/remote link available at: https://cch-mc.org/grace-learning-center#virtual</p>