



# September 2022



MONDAY	TUESDAY	'WORKING WEDNESDAY'	THURSDAY	FRIDAY
29 <b>GLC CLOSED FOR CONSTRUCTION</b>	30 <b>Substance Abuse Education</b> 9 – 10:30am <b>Adult Basic Education (GED)*</b> 10am – 1pm <b>Thinking for Good</b> 10:30am – 12noon <b>Coping Skills for Trauma (Virtual)</b> 1 – 2pm <b>Grief Group (Virtual)</b> 2 – 3pm <b>Coping/Chronic Illness (Virtual)</b> 3 – 4pm	31 <b>GLC CLOSED FOR CONSTRUCTION</b>	1 <b>Adult Basic Education (GED)*</b> 10am – 1pm <b>Nutrition Education</b> 11am - 12pm <b>Healthy Communities/FSSA</b> 11am - 12:45pm <b>Credit Repair</b> 2pm – 3pm	2 <b>Nicotine Anonymous</b> 12 – 1pm <b>Anger Management</b> 3 – 4pm
5 <b>GLC CLOSED FOR LABOR DAY</b>	6 <b>Substance Abuse Education</b> 9 – 10:30am <b>Adult Basic Education (GED)*</b> 10am – 1pm <b>Thinking for Good</b> 10:30am – 12noon <b>Coping Skills for Trauma (Virtual)</b> 1 – 2pm <b>Grief Group (Virtual)</b> 2 – 3pm <b>Coping/Chronic Illness (Virtual)</b> 3 – 4pm	7 <b>Adult Basic Education (GED)*</b> 10am – 1pm <b>Anthem Medicaid Representative</b> 11am – 12n <b>*Intermediate Computers</b> 1:45 – 2:30pm <b>WorkReady</b> 2:30 – 3:15pm <b>Critical Thinking Skills</b> 3:30 – 4:15pm	8 <b>Adult Basic Education (GED)*</b> 10am – 1pm <b>Nutrition Education</b> 11am - 12pm <b>Healthy Communities/FSSA</b> 11am - 12:45pm	9 <b>Nicotine Anonymous</b> 12 – 1pm <b>Smoking Cessation</b> 1 – 2:30pm <b>Anger Management</b> 3 – 4pm  <i>*HAP: 1-4 @ SH</i>
12 <b>Adult Basic Education (GED)*</b> 10am – 1pm <b>HealthLinc Ins./FSSA-HIP</b> 11:30am – 1pm <b>Lunchbreak Alcoholics Anon.</b> 12 – 1p <b>*Computer Basics</b> 1:45 – 2:30p	13 <b>Substance Abuse Education</b> 9 – 10:30am <b>Adult Basic Education (GED)*</b> 10am – 1pm <b>Thinking for Good</b> 10:30am – 12noon <b>Coping Skills for Trauma (Virtual)</b> 3 – 4pm <b>Grief Group (Virtual)</b> 2 – 3pm <b>Coping/Chronic Illness (Virtual)</b> 3 – 4pm	14 <b>Adult Basic Education (GED)*</b> 10am – 1pm <b>*Intermediate Computers</b> 1:45 – 2:30pm <b>WorkReady</b> 2:30 – 3:15pm <b>Critical Thinking Skills</b> 3:30 – 4:15pm	15 <b>Adult Basic Education (GED)*</b> 10am – 1pm <b>TRIO Services</b> 9am – 10:30am <b>Nutrition Education</b> 11am – 12pm <b>Healthy Communities/FSSA</b> 11am – 12:45pm <b>Credit Repair</b> 2pm – 3pm	16 <b>NARCAN® TRAINING</b> 10 – 11am <b>Aliveness Project (HIV/Hep-C testing)</b> 11:30am – 1pm <b>Nicotine Anonymous</b> 12 – 1pm <b>Anger Management</b> 3 – 4pm
19 <b>Adult Basic Education (GED)*</b> 10am – 1pm <b>Lunchbreak Alcoholics Anon.</b> 12 - 1p <b>*Computer Basics</b> 1:45 - 2:30p	20 <b>Substance Abuse Education</b> 9 – 10:30am <b>Adult Basic Education (GED)*</b> 10am – 1pm <b>Thinking for Good</b> 10:30am – 12noon <b>Coping Skills for Trauma (Virtual)</b> 1 – 2pm <b>Grief Group (Virtual)</b> 2 – 3pm <b>Coping/Chronic Illness (Virtual)</b> 3 – 4pm	21 <b>Adult Basic Education (GED)*</b> 10am – 1pm <b>Anthem Medicaid Representative</b> 11am – 12n <b>Financial Literacy w/Centier</b> 9am – 10am <b>*Intermediate Computers</b> 1:45 – 2:30pm <b>WorkReady</b> 2:30 – 3:15pm <b>Critical Thinking Skills</b> 3:30 – 4:15pm	22 <b>Adult Basic Education (GED)*</b> 10am – 1pm <b>Nutrition Education</b> 11am – 12pm <b>Healthy Communities/FSSA</b> 11am – 12:45pm	23 <b>Nicotine Anonymous</b> 12 – 1pm <b>Anger Management</b> 3 – 4pm
26 <b>Adult Basic Education (GED)*</b> 10am – 1pm <b>HealthLinc Ins./FSSA-HIP</b> 11am - 2pm <b>Lunchbreak Alcoholics Anon.</b> 12 - 1p <b>*Computer Basics</b> 1:45 - 2:30p	27 <b>Substance Abuse Education</b> 9 – 10:30am <b>Adult Basic Education (GED)*</b> 10am – 1pm <b>Thinking for Good</b> 10:30am – 12noon <b>Coping Skills for Trauma (Virtual)</b> 1 – 2pm <b>Grief Group (Virtual)</b> 2 – 3pm <b>Coping/Chronic Illness (Virtual)</b> 3 – 4pm	28 <b>Adult Basic Education (GED)*</b> 10am – 1pm <b>*Intermediate Computers</b> 1:45 – 2:30pm <b>WorkReady</b> 2:30 – 3:15pm <b>Critical Thinking Skills</b> 3:30 – 4:15pm	29 <b>Adult Basic Education (GED)*</b> 10am – 1pm <b>Nutrition Education</b> 11am – 12pm <b>Healthy Communities/FSSA</b> 11am – 12:45pm	30 <b>Nicotine Anonymous</b> 12 – 1pm <b>Anger Management</b> 3 – 4pm  <i>*Class taught in GLC's computer lab</i> <i>*Classes in blue also offered virtually/by remote</i> <b>*NEW CLASS</b>