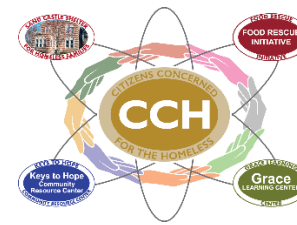


May 2022



MONDAY	TUESDAY	'WORKING WEDNESDAYS'	THURSDAY	FRIDAY
<p>2</p> <p>Nurturing Parenting 9:30 - 11am HealthLinc Ins./FSSA-HIP 11am - 2pm Lunchbreak Alcoholics Anon. 12 - 1p *Computer Basics 1:45 - 2:30p Coping Skills for Trauma/PTSD 3 - 4pm</p>	<p>3</p> <p>GLC CLOSED FOR ELECTION DAY</p>	<p>4</p> <p>Adult Education/HSE 10am - 12pm WorkReady 2:30 - 3:15pm Basic Math for Manufacturing 3:30 - 4:15pm</p>	<p>5</p> <p>TRIO Services 9am - 10:30am Nutrition Education 11am - 12pm Healthy Communities/FSSA 11am - 12:45pm Thinking for Good 12 - 1pm</p>	<p>6</p> <p>Bowen Services (by referral) 10 - 11am Nicotine Anonymous 12 - 1pm Anger Management 3 - 4pm</p>
<p>9</p> <p>Nurturing Parenting 9:30 - 11am HealthLinc Ins./FSSA-HIP 11:30am - 1pm Lunchbreak Alcoholics Anon. 12 - 1p Coping Skills for Trauma (Virtual) 3 - 4pm</p>	<p>10</p> <p>Adult Education/HSE 10am - 12pm Substance Abuse Education 12 - 1:30pm Healthy Communities/HIP 2.0 2 - 3pm Grief Group 3 - 4pm</p>	<p>11</p> <p>Adult Education/HSE 10am - 12pm *Intermediate Computers 1:45 - 2:30pm WorkReady 2:30 - 3:15pm Basic Math for Manufacturing 3:30 - 4:15pm</p>	<p>12</p> <p>Nutrition Education 11am - 12pm Healthy Communities/FSSA 11a - 12:45pm Thinking for Good 12pm - 1:30pm</p>	<p>13</p> <p>Bowen Services (by referral) 10 - 11am Aliveness Project (HIV/Hep-C testing) 11:30am - 1pm Nicotine Anonymous 12 - 1pm Anger Management 3 - 4pm</p>
<p>16</p> <p>Nurturing Parenting 9:30 - 11am HealthLinc Ins./FSSA-HIP 11:30am - 1pm Lunchbreak Alcoholics Anon. 12 - 1p *Computer Basics 1:45 - 2:30p Coping Skills for Trauma (Virtual) 3 - 4pm</p>	<p>17</p> <p>Adult Education/HSE 10a - 12pm Substance Abuse Education 12 - 1:30pm Healthy Communities/HIP 2.0 2 - 3pm Grief Group 2 - 3pm Coping/Chronic Illness (Virtual) 3 - 4pm</p>	<p>18</p> <p>Adult Education/HSE 10am - 12pm *Intermediate Computers 1:45 - 2:30pm WorkReady 2:30 - 3:15pm Basic Math for Manufacturing 3:30 - 4:15pm</p>	<p>19</p> <p>TRIO Services 9am - 10:30am Adult Education/HSE 10am - 12pm Nutrition Education 11am - 12pm Healthy Communities/FSSA 11am - 12:45pm Thinking for Good 12 - 1:30pm</p>	<p>20</p> <p>Bowen Services (by referral) 10 - 11am Nicotine Anonymous 12 - 1pm Anger Management 3 - 4pm</p>
<p>23</p> <p>Nurturing Parenting 9:30 - 11am HealthLinc Ins./FSSA-HIP 12:30am - 1pm Lunchbreak Alcoholics Anon. 12 - 1p *Computer Basics 1:45 - 2:30p Coping Skills for Trauma (Virtual) 3 - 4pm</p>	<p>24</p> <p>Substance Abuse Education 12 - 1:30pm Healthy Communities/HIP 2.0 2 - 3pm Grief Group 2 - 3pm Coping/Chronic Illness (Virtual) 3 - 4pm</p>	<p>25</p> <p>*Intermediate Computers 1:45 - 2:30pm WorkReady 2:30 - 3:15pm Basic Math for Manufacturing 3:30 - 4:15pm</p>	<p>26</p> <p>Nutrition Education 11am - 12pm Healthy Communities/HIP 2.0 11am - 12:45pm Thinking for Good 12 - 1:30pm</p>	<p>27</p> <p>Bowen Services (by referral) 10 - 11am Nicotine Anonymous 12 - 1pm Anger Management 3 - 4pm</p>
<p>30</p> <p>MEMORIAL DAY GLC CLOSED</p>	<p>31</p> <p>Adult Education/HSE 10a - 12pm Substance Abuse Education 12 - 1:30pm Healthy Communities/HIP 2.0 2 - 3pm Grief Group 2 - 3pm Coping/Chronic Illness (Virtual) 3 - 4pm</p>	<p>*Class taught in GLC's computer lab</p> <p>Classes in blue held by virtual/remote link available by emailing: gracelearningcenter@cch-mc.org</p>		